

Overview

[The Global Health Education and Learning Incubator at Harvard University](#) (GHELI) supports interdisciplinary education about world health through the production, curation, and dissemination of educational public goods. This exemplar work was a final project for “World Health: Challenges and Opportunities,” a General Education course at Harvard College taught by GHELI Faculty Director Sue J. Goldie. For this creative assessment designed with support from GHELI, students systematically analyze a societal health challenge they care about and create a “real world” product intended to influence policy or motivate change.

Abstract

A microsite and podcast explain about hidden hunger in U.S. children and what we can do to fight hidden hunger.

Artist

Kim Phan (2020)

Caption

In the United States and many other nations around the world, societies are struggling with the double burden of malnutrition: the combination of undernutrition with overweight and obesity. Hidden hunger refers to malnutrition due to insufficient quantities of nutrients, vitamins, and minerals essential for a healthy development. Hidden hunger may not be able to be identified through appearances, but it is especially important to address in children because micronutrient deficiency can impact a child’s physical, mental, and social development. This microsite and accompanying podcast provide an overview on what hidden hunger is, its drivers and effects, and what can be done to fight it.

Artist Lens

My final project is a microsite with an embedded podcast. I wanted this project to be widely accessible, appealing, and digestible to the general public for the purpose of educating and providing resources. Particularly during COVID-19, I found importance in spreading awareness about this global issue that is magnified due to these current finance and resource-limited times. While broad, my intended audience is students, families, and educators all around the U.S. This is because I believe child hidden hunger is an issue little known by yet largely impactful to and improvable by many. Equipped with greater knowledge about the avenues through which hidden hunger operates and the interventions we can influence, anyone can help alleviate this epidemic.

Media

Digital and Audio

[View Hidden Hunger: Fighting Child Malnutrition in the U.S. Microsite](#)